

Sibcy House Program



Depression and Bipolar Disorder

An estimated one in 10 Americans suffer from mood disorders including depression and bipolar disorder. While most mood disorders have depression in common, there is a wide range of symptoms and behaviors related to bipolar disorder, all of which prevent sufferers from leading their most productive lives. Sibcy House at Lindner Center of HOPE offers diagnostic and treatment expertise provided by the most highly recognized experts in the world in the fields of depression and bipolar disorder.

SUCCESSFUL TREATMENT AT SIBCY HOUSE INVOLVES:



- Thorough medical, psychiatric and psychological history
- Accurate diagnosis and assessment of co-occurring psychiatric illnesses
- Combined psychopharmacology and psychotherapy (individual and group)
- Management of symptoms and restoration of functional abilities
- Improving understanding of the illness and building coping skills
- Patient and family education

At Sibcy House, treatment is directed toward alleviating symptoms using medication management and psychotherapy in a milieu that focuses on individualized treatment to move the patient towards a more rewarding life experience.. In addition to medication management, both Cognitive Behavioral Therapy and Dialectical Behavioral Therapy are part of each patient's treatment plan.

If clinically indicated, Electroconvulsive Therapy (ECT) and recently FDA approved Transcranial Magnetic Stimulation (TMS) may be recommended. Both therapies are available at Lindner Center of HOPE's Farmer Family Neuromodulation Center.

Sibcy House Program

Depression and Bipolar Disorder



CLINICAL EXCELLENCE



Paul E. Keck, Jr., MD, Lindner Center of HOPE's President & CEO, brings a tradition of clinical excellence to Sibcy House as Chair of the Clinical Care Committee at the National Network of Depression Centers.



Susan L. McElroy, MD, Chief Research Officer, leads the Research Institute at Lindner Center of HOPE. Dr. McElroy is internationally recognized for her research in mood disorders and psychopharmacology.

Susan L. McElroy and Paul E. Keck are among the top 10 most cited scientists publishing in psychiatry and psychology every year since 1996 and have authored national evidence-based treatment guidelines for several disorders including depression and bipolar disorder.

STATE OF THE SCIENCE TREATMENT

Recent studies revealed that nearly 70% of patients with bipolar disorder have received a misdiagnosis and many had waited more than 10 years before receiving a correct diagnosis. Additionally, nearly half of the individuals experiencing symptoms of depression go untreated. Both of these disorders, while distinctly different, are highly treatable. The clinicians and researchers at Sibcy House are internationally recognized for their ground breaking work toward advancing the understanding and treatment of both depression and bipolar disorder.

RESEARCH

The treatment team at Sibcy House has the advantage of on-site consultation with depression/bipolar research investigators familiar with the latest discoveries in effective treatments.



(513) 536-0537
1-888-53-SIBCY (7-4229)
www.sibcyhouse.org